Puma High Income VCT plc 23 October 2013

Puma High Income VCT plc ("the Company")

As at the close of business on 30 September 2013, the estimated Net Asset Value per ordinary share ("NAV per share") of the Company was 72.57p. There has been no movement from the NAV at 31 August 2013. The estimated fully diluted NAV per share was 72.57p. Cumulative dividends paid to date were 21.00p.