Puma High Income VCT plc 31 July 2014

Puma High Income VCT plc ("the Company")

As at the close of business on 30 June 2014, the estimated Net Asset Value per ordinary share ("NAV per share") of the Company was 66.54p. This represents an increase of 0.2 per cent on the NAV per share at 31 May 2014. The estimated fully diluted NAV per share was 66.54p. Cumulative dividends paid to date were 28.00p.