Puma VCT VII plc 24 October 2014

Puma VCT VII plc ("the Company")

As at the close of business on 30 September 2014, the estimated Net Asset Value per ordinary share ("NAV per share") of the Company was 78.11p. This represents an increase of 0.1 per cent on the NAV per share at 31 August 2014. The estimated fully diluted NAV per share was 78.11p. Cumulative dividends paid to date were 15.00p.